



PATIENT INFORMATION ON GP MANAGEMENT PLANS & TEAM CARE ARRANGMENTS

**TOGETHER DR. PEDLER AND OUR PRACTICE NURSE
PLAN TO LOOK AFTER YOUR LONG TERM HEALTH NEEDS.**

One of the important roles of our practice nurses is to assist Dr. Pedler identify at risk patients and formulate a personal health care plan to best manage your problems, keeping you as healthy as possible for as long as possible.

WHAT IS A GP MANAGEMENT PLAN?

Dr. Pedler will offer you GP Management Plan (GPMP) if you have a chronic medical condition that has been present, or is likely to be present for six months or longer. Examples of these are Diabetes, Asthma, Heart Disease and Arthritis.

Together with you and Kellie our practice nurse, Dr. Pedler will develop a written plan with information to assist you to manage your chronic and complex condition.

WHY SHOULD I HAVE A GP MANAGEMENT PLAN?

A GPMP is important as it will give both you and Dr. Pedler a better understanding of your care needs. The plan will coordinate the care you receive more effectively, particularly when you have a number of doctors and other health professionals involved. A GPMP aims to ensure everyone involved in your care works together to manage your condition efficiently.

WHAT HAPPENS IF I AM ELIGIBLE?

When Dr. Pedler decides you are eligible he will ask Kellie, our practice nurse, to contact you and arrange an appointment. Together you will decide:

- What your health problems and needs are?
- What goals you would like included in the plan?
- What, if any, other health care or services you need?

We find it's a good idea to ask your spouse, a family member or your regular carer to be with you when we're preparing the plan as we consider your physical, psychological and social needs.

HOW OFTEN SHOULD THIS BE DONE AND REVIEWED?

GPMP's can be prepared once a year. Reviewing a GPMP is just as important as preparing it and we feel Plans are most effective if they are reviewed at 6 months, 12 and 18 months. Earlier reviews can be arranged if your condition changes significantly.

WHAT ABOUT THE COST?

You will not be out of pocket as we do not charge a fee for GP Management Plans or Team Care Arrangements. You will be bulkbilled.

WHAT IS A TEAM CARE ARRANGMENT?

After preparing your GPMP Dr. Pedler may suggest that your health could benefit from the input of other health care providers. In this case you will progress to have a Team Care Arrangement (TCA).

A TCA involves at least two other health care professionals who will provide you with ongoing services. With your consent, Dr. Pedler and our practice nurses will contact the relevant health providers to form a team and work together in developing a plan to best suit your needs.

WHO WILL BE INVOLVED?

Following is a list of health care professionals who can be nominated by Dr. Pedler. These services include only *private providers*, not services delivered from a public hospital. Providers such as an Audiologist, Chiropractor, Podiatrist, Exercise Physiologist, Mental Health Worker, Occupational Therapist, Osteopath, Physiotherapist, Dietician, Psychologist, Speech Pathologist.

DENTAL SERVICES

Eligible patients may access dental services. A patient must have a GP Management Plan and a Team Care Arrangement in place. Dentists may refer patients onto other dental practitioners as part of this arrangement.

HOW OFTEN CAN A TEAM CARE ARRANGEMENT BE DONE?

TCA's can be prepared once a year but it is recommended once every two years. Reviews are recommended every six months, although these can be arranged earlier if your condition changes significantly.

WHAT ABOUT THE COST?

At St Peters Family Practice we do not charge a fee for GP Management Plans or Team Care Arrangements. You will be bulkbilled. Approved patients are eligible for five medicare rebates per year for services provided by "private" health care professionals who are registered with medicare. Before proceeding it is important to check these providers are registered with medicare and to understand that some providers may charge an additional gap fee.



Together Dr. Adam Pedler and practice nurse Kellie Herbert will plan your GP Management Plan & Team Care Arrangement



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